

Stewarding Tech with All Our Mind

Lesson for Sunday, July 12, 2026

INTRODUCTION:

- ⇒ This is our sixth lesson in our series, *Thinking Biblically in a Tech-Driven World*.
- ⇒ What is the point of any Bible lesson or message that we have the opportunity to hear?
Allow for discussion...
 - James said it best in his epistle, “Be doers of the Word and not hearers only” (1:22).
 - Through the first five lessons has there been anything that has stuck in your memory and caused you to think differently about your use of technology in your life or in the life of your family? *Allow for discussion...*
- ⇒ Challenge people to listen with a heart open to what The Holy Spirit may want to say to them in this lesson. Is there something that God wants you to do as a result of being in church on July 12, 2026?

BIBLE STUDY:

1. Reviewing the **Standard**
 - a. Our primary text has been Matthew 22:34-40. We are seeking to use Jesus’s words as a biblical framework for evaluating how we approach technology.
 - b. First, Jesus said we are to love God with all our **heart**.
 - i. Ask: *How do we love God with all our hearts in our use of our tech?*
 - ii. Remember that the heart refers to our core being. We are to love Him with everything!
 - iii. *The way we use our technology is an indicator of where the loyalty of our heart lies.*
 - iv. Loving God with all your heart in our digital age means intentionally directing your affections, time and focus on Him, rather than letting algorithms and screens dictate your attention.
 - c. Second, Jesus said we are to love God with all our **soul**.
 - i. Ask: *How do we love God with all our souls in our use of our tech?*
 - ii. Our soul is the place where the mind, emotions and will reside.
 - iii. We love God with all our soul when our habits, priorities and identity are being shaped by God.
 - d. Third, Jesus said we are to love Him with all our **mind**.
 - i. “Mind” is used in the text in the sense of intellectual, willful vigor and determination.
 - ii. The mind is understood as the intellectual and rational faculty – the part of us that thinks, reasons, understands and aligns with God’s revealed will.
 - iii. Genuinely loving the Lord includes our intelligence. We are not to “check our brains” at the door when it comes to our relationship with God.
 - e. What does this look like in the life of the serious Christian? To love God with the mind is to:
 - i. Devote our capacity for **attention** to his Word.
 - ii. Submit our **thoughts** and patterns of reasoning to his truth, “bringing every thought into captivity to the obedience of Christ” (2 Cor. 5:10).
 - iii. Form a **worldview** shaped by Scripture rather than by our social media timeline, the algorithm or the latest outrage.
 - iv. This requires the kind of slow, repeated meditation Scripture assumes not just skimming headlines about God.
2. Recognize the **Impact**
 - a. There are three primary ways that technology commonly hinders loving God with our minds. Let’s discuss...

- b. First, technology **divides** our attention.
 - i. Our technology trains our attention to notifications, an infinite amount of material to scroll and “feeds” that are designed to keep us restless.
 - ii. Our age has been described as one of *spectacle* – a flood of images and stimuli that capture our eyes and short-circuit sustained focus.
 - iii. This environment forms us to expect constant novelty and quick emotional hits, which works *directly against* the exhortation we read in Hebrews 2:1: “give the more earnest heed (pay much closer attention) to the things which we have heard, lest...we should let them slip (drift away from).”
 - iv. When our minds are constantly being tugged toward the next clip, notification or controversy, it becomes very difficult to keep them fixed on Christ, His Word and His people for more than a moment.
- c. Second, technology trains us to **consume** rather than **contemplate**.
 - i. Our devices bias us toward effortless consumption of videos, posts, podcasts, etc. rather than the harder work of creation, reflection and prayer.
 - ii. Over time, that habit can make Bible reading and theological reflection feel unusually “hard” or “boring,” not because Scripture has become dull, but because our baseline expectation is frictionless entertainment.
 - iii. When our daily information comes in short, easily-digestible snippets at an unending rate, we weaken the ability to give full attention to anything.
- d. Third, technology reshapes our **desires** and imagination.
 - i. Technology does not just change *how* we think; it quietly trains us in *what to love* and *what to fear*.
 - ii. If our imaginations are continually filled with curated images of success, outrage, beauty and power, we are being disciplined daily in a rival worldview that centers on self, the crowd and the moment.
- e. What are some practical signs that we should look for in our own lives for these kinds of impact?
 - i. Do you find it easy to pay attention in Sunday School? 😊
 - ii. Do you find yourself feeling you need to check your phone during a service?
 - iii. Do you find it difficult to pray for over a few minutes without being easily distracted?
 - iv. Do you find it difficult to read your Bible or a good book without your mind wandering?

APPLICATION:

- ⇒ One specific application that we can all commit to: Don’t exchange your actual Bible for a screen. (*Expect some pushback...*)
- ⇒ Consider the advantages of an actual Bible:
 - You more easily **remember** where the verse lives on the page and aides in memorization.
 - The page shows you much more at once. You see the context, not just a few verses.
 - The page keeps your **notes**. Years from now they will still be there, in your own handwriting.
 - The page cannot distract you with a **notification**. It only asks you to read and think.
 - The page is something your children (or grandchildren) can **watch** you open and they know it is the Bible.
- ⇒ Commit to discipling yourself to loving God with all your mind. It will take work – but it will be worth it!