

# Stewarding Tech with All Our Mind

Lesson for Sunday, July 12, 2026

## INTRODUCTION:

⇒ What is the point of any Bible lesson or message that we have the opportunity to hear?

## BIBLE STUDY:

1. Reviewing the \_\_\_\_\_
  - a. Our primary text has been Matthew 22:34-40. We are seeking to use Jesus's words as a biblical framework for evaluating how we approach technology.
  - b. First, Jesus said we are to love God with all our \_\_\_\_\_.
    - i. The heart refers to our core being. We are to love Him with everything!
    - ii. *The way we use our technology is an indicator of where the loyalty of our heart lies.*
  - c. Second, Jesus said we are to love God with all our \_\_\_\_\_.
    - i. Our soul is the place where the mind, emotions and will reside.
    - ii. We love God with all our soul when our habits, priorities and identity are being shaped by God.
  - d. Third, Jesus said we are to love Him with all our \_\_\_\_\_.
    - i. The mind is understood as the intellectual and rational faculty – the part of us that things, reasons, understands and aligns with God's revealed will.
    - ii. Genuinely loving the Lord includes our intelligence. We are not to "check our brains" at the door when it comes to our relationship with God (or anything else).
  - e. What does this look like in the life of the serious Christian? To love God with the mind is to:
    - i. Devote our capacity for \_\_\_\_\_ to his Word.
    - ii. Submit our \_\_\_\_\_ and patterns of reasoning to his truth, "bringing every thought into captivity to the obedience of Christ" (2 Cor. 5:10).
    - iii. Form a \_\_\_\_\_ shaped by Scripture rather than by our social media timeline, the algorithm or the latest outrage.
    - iv. This requires the kind of slow, repeated meditation Scripture assumes not just skimming headlines about God.
2. Recognize the \_\_\_\_\_
  - a. First, technology \_\_\_\_\_ our attention.
    - i. Our technology trains our attention to notifications, an infinite amount of material to scroll and "feeds" that are designed to keep us restless.
    - ii. Our age has been described as one of *spectacle* – a flood of images and stimuli that capture our eyes and short-circuit sustained focus.
    - iii. This environment forms us to expect constant novelty and quick emotional hits, which works *directly against* the exhortation we read in Hebrews 2:1: "give the more earnest heed (pay much closer attention) to the things which we have heard, lest...we should let them slip (drift away from)."
  - b. Second, technology trains us to \_\_\_\_\_ rather than \_\_\_\_\_.
    - i. Our devices bias us toward effortless consumption of videos, posts, podcasts, etc. rather than the harder work of creation, reflection and prayer.
    - ii. Over time, that habit can make Bible reading and theological reflection feel unusually "hard" or "boring," not because Scripture has become dull, but because our baseline expectation is frictionless entertainment.
  - c. Third, technology reshapes our \_\_\_\_\_ and imagination.
    - i. Technology does not just change *how* we think; it quietly trains us in *what to love* and *what to fear*.

- ii. If our imaginations are continually filled with curated images of success, outrage, beauty and power, we are being disciplined daily in a rival worldview that centers on self, the crowd and the moment.
- d. What are some practical signs that we should look for in our own lives for these kinds of impact?
  - i. Do you find it easy to pay attention in Sunday School? ☺
  - ii. Do you find yourself feeling you need to check your phone during a service?
  - iii. Do you find it difficult to pray for over a few minutes without being easily distracted?
  - iv. Do you find it difficult to read your Bible or a good book without your mind wandering?

**APPLICATION:**

- ⇒ Don't exchange your actual Bible for a screen.
- ⇒ Consider the advantages of an actual Bible:
  - You more easily \_\_\_\_\_ where the verse lives on the page and aides in memorization.
  - The page shows you much more at once. You see the context, not just a few verses.
  - The page keeps your \_\_\_\_\_. Years from now they will still be there, in your own handwriting.
  - The page cannot distract you with a \_\_\_\_\_. It only asks you to read and think.
  - The page is something your children (or grandchildren) can \_\_\_\_\_ you open and they know it is the Bible.
- ⇒ Commit to discipling yourself to loving God with all your mind. It will take work – but it will be worth it!